

1st Year Challenge 1 - Food!

Every month we'll have a different challenge for 1st Year students – The aim is to see what you're capable of BY YOURSELF, to give you some new experiences to try, and some great memories of your time in 1st Year. Some of these challenges will be physically tough, some will need you to get uncomfortable, but all of them will let us see what you're made of. GET INVOLVED!

Our first Challenge of the year will be located in your own kitchen! The aim of this challenge is simple - Over the weekend of September 17th/18th/19th any student who wishes to pass the challenge must prepare a full meal (on their own) for their family.

Rules for Students: You now have one week to plan what you're going to do. Get on to google, look up simple recipes, sort your ingredients and ask any questions about anything you need to know. You need to try to manage without having someone instructing you every step of the way. This is your test. Give it some thought, get organised, and IMPRESS US ALL.

Rules for Parents: PLEASE PLEASE PLEASE do not do this for your son. Of course it's a good idea to keep an eye on safety, but It absolutely does not matter if the food quality is less than ideal. No-one will judge your parenting skills if your son's lasagne, fajitas, etc do not meet Michelin star quality! The fantastic opportunity here is in him having the space to make a genuine attempt at this on his own. The bets will be coming thick and fast on the corridor for which student will have this done for him by a parent so please don't let him down by taking over!

Finally: By 9pm on Sunday 19th, at least one photo must be emailed (by the student, not a parent!) to dwilson@stmc.ie showing evidence of what happened. Lads – You need to make sure that you are in the photo (i.e. Not just a photo of some food on its own!).

PS: Please try to take your photo(s) in landscape (sideways) not portrait (upright).

