



1st Year Lockdown League



Week 1 - Get Off Your Backside & Do Some Stuff

The Rules...

There are 7 tasks below. Pick ANY 5 and achieve them over the coming days
To be in the draw for our Week 1 prizes, you must email photo evidence of 5 tasks completed by 9pm on Tuesday 19th

The Tasks...

DO get permission from a parent before you start, but DON'T expect them to do any of this for you.

1. Feeling 'tired'? Get an older guy (Brother, Dad, Uncle, etc) to teach you how to change a tyre on a car. Your photo should include you, your older 'Manly Man' and the tyre OFF the car.
2. Hair We Go. With at least a few weeks off school, this is your one chance to go for a seriously short hair cut. Get the trimmer out and go crazy. Before and after photos needed!
3. Freeze Your Assets. Get fully submerged in the sea. If you don't live within 5km of the sea, a river or lake will do!
4. Nailed it! Find a recipe for a cake, sort your ingredients and produce your masterpiece. (Any blue 'STMC' colouring is a bonus)
5. Ladies Day. Find a female family member and invite them to afternoon tea. You must prepare sandwiches (in triangles - NO crusts!), snacks and tea. Your photos should show you, your guest and the nice table you prepared. You must be dressed appropriately for afternoon tea.
6. Grand Designs. Construct a fort in your house. The bigger the better. Use parts of a sofa, duvets and anything you can get your hands on. (Stay the night in it for extra brownie points).
7. Art Attack. Use your garden or any nearby field to spell out the biggest 'STMC' possible using anything you can get your hands on. Get a photo from above of you and your big STMC design.

email all of your photos to: dwilson@stmc.ie