



'Task-table' Instructions

Name: _____

Class: _____

1. Focus your study on **tasks completed** rather than time
2. Start at a realistic amount of tasks & build it up
3. Aim EVENTUALLY to do two tasks every week for **each** of your exam subjects - 20 tasks
4. However, you may wish to '**over-weight**' or '**under-weight**' certain subjects: e.g. If you have a class exam this week or are comfortable with a particular subject
5. A typical subject task should take approx. **45 mins**
6. At this stage, these tasks should generally be past exam questions
7. If necessary, your subject teacher can assist you in identifying subject tasks
8. Rest breaks should be added into schedule of study times
9. Complete a study 'task-table' every weekend for the week ahead
10. GIVE IT A GO! – It won't do any harm and will work IF you stick to it

SAMPLE TASKTABLE

Building up to . . . Suggested Study Strategy for a 'busy student'



Third Year students should be working on average three hours per night

Monday	17:45 - 19:15*	2 Tasks
Tuesday	17:45 - 19:15*	2 Tasks
Wednesday	19:00 - 21:30*	3 Tasks
Thursday	16:00 - 19:15*	4 Tasks
Friday	17:45 - 19:15*	2 Tasks
Saturday	3 Hours	3 Tasks
Sunday	4 Hours	<u>4 Tasks</u>
		20 Tasks

* Another study slot may suit better depending on commitments

**Good Habits & Consistency &
Problem Solving**